

Olympus Leaders
MENTORSHIP PROGRAMME
by hera

Mentee guide

What This Programme Is



Olympus Leaders is a mentorship and leadership community created to help you grow with confidence, clarity, and support.
It connects leaders in regulated tech with experienced mentors who can guide, challenge, and empower you on your leadership journey.

How does it work?

A typical starting structure is one 45–60 minute session per month for 3 months.
After that, you and your mentor can increase, reduce, or extend sessions based on what works for you.

Your role as a Mentee

As a mentee, you are the driver of your development. Your mentor is here to support you, but the direction, curiosity, and commitment come from you.

You're encouraged to:

- Come prepared with questions, goals, challenges, or topics
- Be open to new perspectives
- Reflect between sessions
- Take action on insights gained
- Be honest about what you need

Your commitment

- Show up prepared and on time
- Be open, curious, and engaged
- Respect confidentiality
- Share feedback to help improve the programme

What you'll gain

- A safe, supportive space to explore challenges
- Increased confidence navigating complexity
- Broader thinking and decision-making tools
- Access to a wider peer community
- Practical frameworks, events, and shared learning

Who are we?

We support Founders and Leaders to build diverse teams

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